



WELL REFINED MATCHA LATTE



METHOD

STOVE



TIME

45 MIN



SERVES

1 SERVING

INGREDIENTS

1 tsp matcha powder
(whole leaf and unsweetened –
or try matcha collagen for extra protein)
1 T coconut butter
4 oz. nut milk of choice
(unsweetened almond and
cashew taste best)
12 oz. hot water
3 generous shakes of cinnamon

DIRECTIONS

Heat water until boiling.

*Add all ingredients to a blender or vessel for
hand/immersion blending.*

Blend until frothy.